



לקראת **שבת מברכים שבת חנוכה פ' וישב ה'תשפ"ד**

Dear parents of the BCM family,

I'd like to start by thanking all the parents who attended Parent Teacher Conferences. The Parent collaboration is crucial in every child's Chinuch! We appreciate your partnership and value it tremendously. You may have received some Progress Reports while you were at PT Conferences. We sent one envelope per family with all the remaining Progress Reports. Please look out for them in your child's bag.

Last Thursday, we welcomed Mrs. Elissa Kline-Beber to talk to our staff on the topic of Mental Health for Children and Adults today. Mrs. Kline-Beber is the Associate Head - Wellbeing at The York School where she supervises the wellbeing staff and oversees the provision of mental health services and social emotional learning across all three divisions at the school. She is a clinical social worker who has worked with children, adolescents and parents for 30 years. Her presentation was enlightening and really thought provoking. Our staff walked away with real practical tips on how to identify when a student is struggling and how to be there for them in their time of need.

Shabbos Mevorchim:

This Shabbos is שבת מברכים טבת! Let's hit a record we haven't yet hit in BCM. Increase in Tehillim for the safety of our soldiers, the return of our captives and all our brothers and sisters in Eretz Yisroel and in the entire world. Hashem is waiting to hear your voices with the words of Tehillim! Remember the Rebbe's words that is YOU, the children who have the most power! מפי

Girls' Tehillim @ Lubavitch will be held upstairs from 9:30-10:00 followed by a raffle for the participants. Thank you Mrs. Stevens for running and sponsoring this program.

Talmidos from grades 1-6 received their Tehillim Quota cards. Please check your daughter's card before Shabbos. This way, you can modify her Tehillim quota if you need to do so. This can be done by logging into your Tzivos Hashem parent At first glance, this week's Parsha chronicles the circumstances leading to יוסף's appointment as second in command over מצרים subordinate only to פרעה. Yet, upon examination, we find that יוסף's story is synonymous with the history of the אידן.

qoi, the pride of his father, at the age of 17 is suddenly plucked from his secure environment, family, and his country. Sold into slavery and finding himself in a foreign land, he must now cope with the most adverse and cruel of circumstances. Worst of all, qoi not to blame, for all this has come about through no action of his own.

A lesser individual would have surely succumbed to bitterness and depression. Another might have become indifferent. But יסיירealized that he must deal with the reality which presented itself. As the servant of יפוטיפר, he fulfilled his duties to the best of his ability. It soon became apparent even to פוטיפר that it was in yor's merit that his household enjoyed its material blessings.

This, then, is the task of every איד: No matter how adverse the circumstances, each איד must live up to his full potential and fulfill his duties to the best of his ability.

But how was you repaid for his loyalty? He was thrown into prison! Not only didn't 'you's honesty and integrity bring him any positive benefits, these very qualities caused him to be incarcerated. Was you discouraged? Did he reject his lifestyle and renounce his high standards? 'you's response to adversity was to continue in the same path, acting honestly and in good faith. Eventually his behavior and virtue drew the attention of his jailers.

This is the history of the איד as well: No matter how depraved and corrupt his surroundings, he remains undeterred from his faith in 'a and His תורה.

When קסי noticed that two of his fellow inmates, 'פרעה' chief butler and chief baker, were distressed for some reason, he rushed to their aid, without thought of rejoicing at their misfortune or of taking revenge for the role they played in his downfall. קסי could not bear to see people in need, and so he immediately offered his assistance. He was able to bring them relief by interpreting their respective dreams.

In return, קסויdid not ask for monetary payment or special treatment. He merely requested that the chief butler mention his name to שפרעה he was freed, which he didn't do. In his unbending faith in the goodness of man and in ultimate justice, קסויbelieved that fairness would prevail if only שפרעה treatments.

This theme has been played out time and again in our history. קסוי unfortunately learned the hard way that this world is full of lies and deception. Yet when he later found himself in a position of almost unlimited power, he refused to exact revenge on those who had harmed him. This is not the way of the איד. Yosef faithfully used his office to steer the מצריים and the whole world from potential catastrophe during the years of famine, enacting, for the first time, the historic role the played during their exile among the nations.

account. Let's increase our quotas to help our brothers and sisters in Eretz Yisroel and bring Moshiach NOW!!!

Every Talmida CAN say Tehillim and will receive their CANs once we receive the quota papers when we get back from the break.

י"ט כסלו:

The 'o' Melaveh Malkas were a great success BH! A big Yasher Koach to the Vidal, Lang, Jacobson, Bakshi, Shusterman and Steinmetz families for hosting! Shout out to our Bnos Chabad Shluchos Miss Gorman and Miss Sosover for planning the program, preparing the supplies and getting counselors to each location. Thank you to all the Bais Chomesh girls who ran the Melaveh Malkas. Last but not least a big thank you to Miss Landa and Mrs. Rabin for driving the Bais Chomesh counselors to their own program after the Melaveh Malkas.

Thank you to all the parents who ordered from the grade 8 Bake Sale. The 8th graders did a great job at the baking, packing and delivering the goods.

Calendar reminders:

Thursday כ"ד כסלו /December 7 through Monday כ"ח כסלו /November 11—Chanukah break—NO SCHOOL

Wednesday א' טבת/December 13—Pizza Lunch for grades 1-8

Chai Lifeline Toy Drive:

Chai Lifeline has launched their annual toy drive. If you can donate toys, they will go to great use. We have a donation box at the entrance of BCM.

Warm Hug Project:

Our box is BH overflowing!!! Thank you to all who donated to this amazing Chessed initiative.

School photos:

Your daughters should have received the school photos you ordered today.

PTA raffle:

Please support the PTA annual Hey Teves raffle. See flyer for more details. A big thank you to Mrs. Garbman and all the mothers involved in this project. Another thank you to all the sponsors for their kindness and generosity.



Grade 1

1st grade has been busy learning many new letters in the last couple of weeks. We cannot believe that we are so close to completing all the letters of the Alphabet. We also have been learning to blend letters together and had a lot of fun making delicious blended smoothies to celebrate. We are becoming real champion readers! Thank you, Mrs. Landa















This week we started Shemona Esrei! We realize how special it is- it's like we are entering the Kodesh Kodoshim! Enjoy our Chanuka art! Thank you, Mrs. Rosenfeld



This week we added a new Tefillah to our Davening, the Tefillah of אין כאלקינו and the girls were so excited to see that they recognized the words form our Yiddish song! Mazal Tov! We have completed our second Perek in Chumash and are so excited to begin the next Perek this coming week! We have also been preparing for Yud Tes Kislev and are so excited to unpack our "Farbrengen in a Box" at home as we mark this special day on Shabbos. The girls have been learning the story in detail as well as the message of this special day for us - and they have so much to share! Have a wonderful Shabbos! Miss Landa

We really enjoyed acting out the play from our reader! Have a nice Chanuka, Mrs. Perl







Grade 3

We helped Eisav hunt for an animal in the ownerless areas, our first Rashi of this perek... While Rivka and Yaakov are coming up with a plan of their own! When we learned the possuk that "Rivka heard..." we paused and played a hilarious game of broken telephone, using our chumash milim and alternating between Hebrew and English. We also explored a fascinating Rashi Sicha on why Yitzchok became blind, with an amazing triple venn diagram coming to life before

our eyes! Thank you Mimi and Simi for a beautiful message on Yud Daled Kislev! This week we started Shemona Esrei! We realize how special it isit's like we are entering the Kodesh Kodoshim! Thank you, Mrs. Rabiski









Chazak Chazak! We finished Perek Chof Vov, our second Perek in Chumash! Moving straight along to Perek Chof Zayin, the girls delved right in! Matching pictures to their partners, we discovered the many reasons as to why Yitzchak became blind - was it really his old age? We learnt the terms Pnimiyus and Chitzoniyus - making an adorable craft showing how Chassidus shines light and shows us the Pnimiyus. Thank you to our Mimi and Simi for teaching us valuable lessons for Yud Daled and Yud Tes Kislev! Mazel tov Feigie, Mussia, Rosie and Mushky for passing a Tfilloto level! Thank you, Miss Goldberg





















Grade 4

With much excitement... And some nerves ... Along came the first Chidon test!! We gave out the Navi play parts (crossing the Yarden) and can't wait to perform next week. We all missed Shaina and can't wait to see her back at school; a few girls went to visit her at the hospital. Have a gut Shabbos and a happy Chanuka... And Lshana Tova B'limud hachassidus uv'darchei hachassidus!! Mrs. Zaltzman





Grade 4 have had their first spelling test and I'm sure it was a success, even with those really difficult words! We're becoming mental math experts and working on the math challenge too! Looking forward to next week and all the Chanukah fun! Thank you, Mrs. Doron

Grade 5



They then prepared posters or slideshows, worksheets and games to teach all that they learnt. The girls worked beautifully together and their creativity is impressive. Thank you, Mrs. Zaiontz



























Last week many girls took their first Chidon test!! We want to wish much Hatzlacha to everyone in their limud!!

Last Monday we celebrated Yud Daked Kislev. Grades 1-6 each got a ring pop and decorated their own picture frame of the Rebbe And Rebbetzin.

7th and 8th grade, had a beautiful learned how on this day it is a day the Rebbe is connected with His the Rebbe which will be brought to



So many girls brought in beautiful Menorahs for our annual Menorah contest! Winners will be announced on Chanuka at the rally iyH!!

program. We played a fun game. We Chassidim. We each wrote a Duch to the Ohel be'ezras Hashem.



Good Shabbos and Happy Chanuka! Miss Gorman and Miss Sosover





M'chayil El Chayil

<u>Tip of the Week</u> Expectations and Reality

Best-selling author Seth Godin wrote of expectations:

"When we raise our expectations for a student, a friend or a co-worker, we open the door to possibility. We offer them dignity and a chance to grow. We are offering them trust.

But if we become attached to those expectations, if the expectation unmet leads us to distress or unhappiness, then that attachment undermines the very reason we created the expectation in the first place."

This is an important point for parents and educators to consider. Try and release your emotions, celebrate the journey, and find the positive in all that our children and students accomplish. It's there if you're willing to look for it. When we set a high bar for our children and students, we need to understand that oftentimes they won't reach it. Despite this fact, it's ok to set that bar high. We demonstrate to our children and students that we believe in them and expect that they reach their potential. However, if that expectation is not met, we have to continue to demonstrate that we believe in them despite any disappointment we may have. How adults respond will impact our children and student's growth mindset and next steps. Will they shut down or be resilient? It's up to us to model the latter.

Hatzlacha!

Thank you, Mrs. Gabay

I'd like to wish the BCM family a Gut Shabbos!

Rabbi Vidal



SEELJINE

2L or 1.89L empty cartons

I need 48 for a craft by end of December

If you use these and can rinse & save them for me, please DM!

I can pick them up from you btwn Lawrence down south & Centre Street in Thornhill. Thank you! Nechama 647.782.3680 or Sara 289.200.7169